

November 24, 2020 Speaker: Arlene Stephenson, “The Downsizing Diva”

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**Arlene Stephenson
Franchisee
for
Downsizing Diva
Aurora-Newmarket**

**Certified Professional Consultant on
Aging (CPCA)**

Arlene Stephenson is a Certified Professional Consultant on Aging (CPCA), and also a member of the CHATs Board of Directors. Arlene has an appreciation of the challenges associated with growing older and offers insight, service and support to seniors who need to organize and/or move. She was recently awarded the *Newmarket Chamber of Commerce Professional Service Business of the Year Award!*

As the “Downsizing Diva” for our community, her passion and humour in supporting people who want to downsize, de-clutter and organize their homes was clear in her presentation to us on November 24th. As Arlene said, she can help with the entire process, “from soup to nuts”, including creating a downsizing plan, helping with tough decisions, sorting, packing, finding a new home and even arranging the move, unpacking and helping to set up the new home, making the whole process much easier and relatively painless. Arlene’s stories helped us see just how undaunted she is by clutter and how she helps people work through the whole process of moving.

She urges us to regularly review what we have, examine all the “stuff” to see what we need or want. Arlene suggests we Pitch, Pack, Patch or Pass along, make our own plan and start slowly and methodically. It’s never too late to start living a clutter free life, whether we are planning a move in the near future or not.

Summary written by 'Kathy Wosnick for the CFUW A/N Program Committee